



Retreat in Makaha Valley, Hawaii

AKAI HIBISCUS



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Welcome to **AKAI HIBISCUS**, a retreat in Makaha Valley, Hawaii!!

Welcome, Aloha, and Irrashaimase!

AKAI HIBISCUS, a beautiful retreat, was built in 2013 on a hill in Makaha Valley, Hawaii, by Akemi Ka'ula'ohi and her husband originally from Japan. "Akai" means "red" in Japanese, and the hibiscus is the iconic state flower of Hawaii. **AKAI HIBISCUS** is so named to reflect its Japanese-style hospitality imbued with aloha spirit and the

wonderful melding of Akemi's Japanese heritage and Hawaiian massage techniques retreat-goers experience in this special place off of the Leeward coast of Oahu.

AKAI HIBISCUS has easy access to many different beaches, is surrounded by beautiful mountains, and overlooks the clear, pristine, vividly blue Pacific Ocean. In this peaceful Hawaiian paradise, you will feel the earth's heartbeat, release your stress and quiet your mind, and be healed and blessed with nature's energy.

Please come to **AKAI HIBISCUS**, a Makaha Valley retreat. We look forward to your visit!

Thank you, Mahalo, and Arigato!



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Rooms

● Room #1:

3-4 people / Ocean view
2 single beds + 1 full bed



● Room #2:

2-3 people
2 single beds
(Extra bed for 3 people)



● **Room #3:**

3-4 people

2 single beds + 1 full bed



*** Two bath rooms are shared.

Room Rates

- 1 person: \$200 / room
- More than 2 people: \$150 per **person**
- More than 3 people: \$120 per **person**

* No meal included. Please use our nice clean kitchen to prepare your own meal.
Kitchen rental fee: \$20 / day

Loft

2-6 people / for group

Prepare Japanese style of Futon (mattress) for each person.

With a private bath room.

- 1 person: \$70 / loft

* No meal included. Please use our nice clean kitchen to prepare your own meal. Kitchen rental fee: \$20 / day



Long stay discount is available. Please ask us.
(+ Hawaii State Tax: 4.176%)



Policy

● **Check-in: 3:00 PM** (Latest check-in: 9:00 PM) **Check-out: 10:00AM**
Please **email us your approximate arrival time** when you make your reservation.

● **Cancellation Policies:**

Cancel within a month of your reservation: 50% cancellation fee

Cancel within two weeks of your reservation: 100% cancellation fee

We are unable to offer refunds for early departures or sudden cancellations.

● **Eco policy:**

For ecological purposes, we do not provide bed-making services, nor do we wash your towels and sheets during your stay. Should you desire to wash your towels and sheets, please use our self-service laundry facilities.

● **Laundry facilities:**

\$3 per load. One load includes detergent + washing machine + dryer.

● **Smoking:**

No smoking in the house, on the lanai, and in the yard. Smoking is permitted only in certain area. Please ask.

● **Quiet time:**

Please observe our quiet time from 10:00 PM until 8:00 AM.

No drugs.

- **No Burning materials:**

We do not allow the burning of any materials in the room, including candles and incense. We will charge a \$300 cleaning fee as well as the cost to repair any damage.

- **Toiletries:**

Towel, hair dryer, limited amounts of soap and shampoo are available. We recommend you bring your own soap and shampoo.

- **Internet:**

We provide free wireless internet.

- **Barbecue area:**

We have a nice barbecue grill on the Lanai.

- **No Pets:**

Sorry; no pets allowed.

We have a small dog. She is 12 years old and has never bitten anybody!

- **Renting a space for your seminar**

(max12 people: ex. Yoga class, Self-help seminar etc)

Please feel free to ask us.





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Access

Pick up

We can pick you up from Honolulu International Airport.

1 person : Please contact us regarding fee.

2 people : \$60

3-7 people : \$90

By Car

From Honolulu International Airport:

Take H1 West to the end of H1.

Continue on HI-93 (Farrington Highway).

Turn right onto Makaha Valley Road.

Turn right onto Maunaolu Street.

At community gate, please mention your name and our name, Nakamura.

By Public bus (approximately 90 mins)

From Honolulu International Airport or Ala Moana Shopping Center:

Take TheBus #C Express. Get off Makaha Valley Road and please call us. We will pick you up.
Also, please let us know in advance when you arrive at Honolulu International Airport so that we can anticipate your arrival.

Address: 84-1369 Maunaolu Street, Waianae, Hawaii 96792
Tel: 808-271-6711



***** MAP here *****



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Attraction

Makaha Valley, one of only a few remaining rural areas on O'ahu, provides you the opportunity to observe many of nature's creatures. During your stay with us, you may be lucky enough to see geckos, wild peacocks, and butterflies dancing to glorious bird-song. In addition, a plethora of panoramic views await you, including beautiful ocean sunsets; lush, green mountain peaks caressed by puffs of white clouds; rainbows pouring into the ocean; and the moon glowing brightly in the night sky. These natural phenomena will absolutely fascinate you!

Makaha Valley is also very close to the Leeward coast, so you can enjoy Hawaii's famous white sand beaches and crystal-clear ocean waters at many of the area's nearby beach parks!



Yokohama Bay

Dolphins are waiting for you at Yokohama Bay! If you are lucky, you may get to see them leaping in and out of the water. If you surf, you might want to challenge yourself with a big wave in the winter months, when the surf is at its highest. You can end your day at the bay by watching the sun go down.



Kaena Point State Park

If you like hiking, then you will want to visit Kaena Point. After an approximately 3-mile hike to the Point that stretches along the coast, if you are lucky, you may catch a rare glimpse of a wild Hawaiian monk seal sunbathing on a rock. If you do, please keep your distance; the Hawaiian monk seal is an endangered species.

Kaneana Cave (Makua Cave)

Kaneana Cave, also known as Makua Cave, was created by the rough surf of the Leeward coast. One Hawaiian legend says that mankind was born in the cave. Another Hawaiian legend says that a shark-man ate people who dared to venture into the cave. Regardless of whether that is true, visit the cave at your own risk, as the cave is not maintained by anyone.



Kapolei

Kapolei, Oahu's "Second City," may be worth a visit should you miss the "hustle and bustle" of city life. Kapolei is about a 20-minute drive from Makaha Valley and has all the conveniences of a major city, including restaurants, movie theatres, and stores such as Walmart, Ross Dress for Less, Target, Costco, Down to Earth Organic & Natural, and Home Depot.

Similar modern conveniences a 10-minute drive away from Akai Hibiscus include Tamura Super Market, Longs Drugs (known on "the mainland," or the continental United States, as CVS/pharmacy), McDonald's, and a bank.





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Mana Healing and Lomi Lomi Massage

Heal body, mind, and soul! Restore and re-balance your mana, or spiritual energy, with lomi lomi massage! Owner Akemi and her daughter Shihori provide Mana healing and Lomi Lomi massage.

Lomi lomi is a Hawaiian word meaning “rub.” Through lomi lomi massage, experience hands-on healing!

Hawaiians believe that mana is present in everyone and everything. An experienced lomi lomi massage practitioner can transfer love, power, and energy through the palms and help you reconnect with universal mana; therefore, lomi lomi massage can release blockages and stress in your body, mind, and soul, healing and revitalizing you. Lomi lomi massage is powerful Hawaiian healing massage, and in Western medicine, it is recognized as Hawaiian holistic spiritual massage.



Choose one of the following:

Course A: Mana healing + Lomi Lomi massage / 120 minutes = \$160

Course B: Mana healing + Lomi Lomi massage + facial / 120 minutes = \$220





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Booking

Address: 84-1369 Maunaolu Street, Waianae, Hawaii 96792

Tel: 808-271-6711

Fax:

E-mail: akaihibiscus@hotmail.co.jp

Office hour: 10:00 am - 6:00 pm

To reserve a room, please let us know by phone or e-mail the following:

- Name
- Address
- Phone number
- E-mail address
- Number of people
- Room type
- Check-in date, Check-in time, Check-out date

Our normal check-in time is 3:00 PM.

Latest check-in time is 9:00 PM.

Please e-mail us your approximate arrival time when you make your reservation.

- Credit card number and expiration date are required to reserve your room.
- Credit card information is only accepted by telephone. Please do not send it by e-mail.

Cancellation Policies:

Cancel within a month of your reservation: 50% cancellation fee

Cancel within two weeks of your reservation: 100% cancellation fee

We are unable to offer refunds for early departures or sudden cancellations.

